

---

---

# THE TELE-TWISTER

---

---

September, 2011

## ***Welcome!***

Welcome to Twisters Gymnastics and Trampoline Club.

## ***From the Head Coach!***

The coaching staff and I are very excited about the upcoming season and continue to appreciate what a great facility Twisters has. We are continually upgrading our equipment to ensure we have safe and current apparatus for our gymnasts to learn on. We are committed to providing a safe, enjoyable and challenging program for all age groups and abilities. Coaching development and training is ongoing for our staff. In addition to in-club clinics, coaches are required to enroll in the National Coaching Certification Program.

In addition to our regular cleaning, our gym was cleaned thoroughly over the summer. All mats and small equipment were sanitized and the carpets were all steam cleaned.

Ken Rae

## ***Gymnastithon!***

Our number one fund-raiser for the 2011/2012 season is only weeks away. This year the Gymnastithon will be held on Saturday, October 29, 2011. This event is a wonderful chance for the athletes to come together and have fun as a club. There will be prizes for the top earners as well as random draws all during the event. We are asking for donated items for our silent auction,

children's prizes and goody bags. **If any of our families have access to and are willing to donate gift certificates, new toys, new gifts, new clothing or tickets to sporting events,** these are all great items to raffle off or sell in the auction. We would greatly appreciate any support that you can offer. We will be having a BBQ at the front of the recreation centre during the Gymnastithon. Please come out and support your club during this big event.

**Remember that no regularly scheduled classes will be held on Saturday, October 29<sup>th</sup>.**

Due to other events being held at the Recreation Centre on that day, parking may be limited. Don't let that deter you from enjoying our fun event. Please consider walking or riding bikes to the gym.

## ***Website!***

***[www.twistersgymnastics.ca](http://www.twistersgymnastics.ca)***

Twisters has a new website that we are very excited about. You can now go online to read our newsletter, see classes offered, photos, calendar and other pertinent information. Your child may have their picture taken during a class or Twisters event. If you do not want your child in any photographs that would be posted online or in the newspaper, we ask that you submit a signed letter.

### ***Washroom Facilities!***

For the safety of our athletes we ask that parents and siblings use the public washrooms in the Recreation Centre.

### ***Arrivals!***

Please have your children arrive 5 minutes prior to class time so that they can participate in the warm up.

### ***Parent's Day!***

Parents are encouraged to drop their children off and come back to the gym a few minutes before the end of the class. There will be a parent day planned for the end of each session to allow parents and family the opportunity to observe the children demonstrating their gymnastic skills and progressions. Please check the calendar for your child's last class. If it is necessary for you to wait for your child in the gym, we ask that you wait in the parent viewing room in order to provide minimal distraction to your child. At **NO TIME** are parents allowed on the floor unless you are attending a Parent & Tot class.

### ***No Gym!***

Thanksgiving – October 9<sup>th</sup>, 10<sup>th</sup>  
Gymnastithon – October 29<sup>th</sup>  
Provincial Qualifier – November 24<sup>th</sup> to 27<sup>th</sup>

### ***Recreational Registration, Winter Term!***

Please note that re-registration forms for our winter term (beginning week of Jan. 7<sup>th</sup>) will be distributed to all currently enrolled gymnasts starting October 17<sup>th</sup>. Please complete the form, and return it to your child's coach by November 14<sup>th</sup>. The form asks if you will be returning after Christmas and if so, if you like your current time slot or will you be requesting a change. We will try to accommodate all requests but if a whole class chooses to return, it may be a challenge to add new gymnasts. After

Nov. 14<sup>th</sup>, we will be able to calculate available spaces and we will offer these spots at public registration on Nov. 16<sup>th</sup>. Don't be disappointed; return your forms early even if you plan not to return. Any further questions about registration can be directed to Corena at 941-2236.

### ***Provincial Qualifier!***

Twisters Gymnastics Club has been chosen by Gymnastics Ontario to host a Provincial Qualifier this year. We will be holding this competition on November 25<sup>th</sup> to 27<sup>th</sup>. Our theme is "Think Pink", Breast Cancer Awareness. As this is a huge undertaking, we will be looking for food donations to assist in the meal preparations for all of our judges, coaches and volunteers. If you can help out in any way please call Corena at 942-2477.

### ***Country Candles!***

Hot apple pie, Grandma's carrot cake, Nana's pantry, just to name a few. These candles create the perfect scent for your home. They also make great gifts for Christmas. We will have order forms available in October.

